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January 2025

January Monthly Meeting

Cheers to 2025! A lovely start to 2025 with about a dozen members! We connected, shared stories, and got inspired while writing our garden resolutions for 2025. A new member joined today!

Grateful for all the generosity (Yu Linda, Chris Ross, Shital Parikh, Yolanda) —so many beautiful plants exchanged, including cosmos, romaine, bok choy, chamomile, nasturtium cuttings, and bay leaves. The fruit table was overflowing with grapefruit, lemons, and guavas. The treats—lemon cake, brie, & tea—made it all the more special. [January Business Meeting](#)



Join the Club's Worker Bee Team

Position Filled: We welcome member Rashmi Urval as the Nextdoor coordinator. Thank you for accepting this position. Rashmi is a landscape designer for drought tolerant landscapes and turf rebates.



We encourage members to volunteer in coordinator roles. This involvement is a fantastic way to gain experience and become eligible for elected positions in the coming years. To qualify for future nominations, members must serve two years on our Worker Bee Team.

Open Position on the Worker Bee Team for 2025:

1. **Sign Up Genius Coordinator** - Approximately 10-12 hours of work/ year. Works closely with the events team.

If you're interested in either of these roles, please email us at info@friendsdmm.org.

January Library Flowers

SIGN UP and donate homemade flower arrangements to the library each month. *We need someone to sign up for February!*



SEED LIBRARY Update By Barbara Scholz

BSchz	Sugar Snow Peas	40	1/13	1/13	MG Barbara Sands donation
	Snap Peas	40	1/13	1/13	Chris Ross Donation
	Carrots Tendersweet	40	1/13	1/13	True Leaf Market Purchase
	Arugula	40	1/13	1/13	True Leaf Market Purchase
	Lettuce Gourmet Mix	40	1/13	1/13	True Leaf Market Purchase
	Pac Choi Cabbage	20	1/13		True Leaf Market Purchase
	Kale Dazzling Blue	7	1/13		True Leaf Market Purchase
	Broccoli	6	1/13		True Leaf Market Purchase
	Sweet Peas	40	1/13	1/13	Sandy Adam & Linda Addission
	Cal Poppies	40	1/13	1/13	Donation Rachit Sengupta
	Parsley (Chris working on finishing these at home)	40?			

SEED STARTING
with
Master Gardener
Lynn Langley

Seed starting is the process of growing plants from seeds. It's a rewarding and cost-effective way to begin your garden, giving you the opportunity to nurture plants right from their earliest stages. Whether you're a novice or an experienced gardener, seed starting allows you to choose your favorite varieties and enjoy watching them thrive!

**Carmel Valley Library
Monday, January 27
6:00-7:00 PM**

Seed Meeting Success

The January 13th seed meeting was a resounding success, with around 300 seed packets prepared. Attendees included Barbara Scholz, Chris Ross, Nancy Barzvi, Shital Parikh, and Barbara Summer. Exciting news—Baker Creek is donating rare seeds to our seed library! These, along with seeds generously contributed by Master Gardener Barbara Sands and a variety of native flower seeds, will be shared with members at the March seed stuffing meeting.

Don't miss out—attend a seed stuffing meeting and grab free seeds for your garden! Plus, join us on January 27th at the library for a “How to Grow from

Seed” talk in support of the seed library. Flyer by Yu Linda Song.

Our seeds come from trusted sources like True Leaf Market, Kitazawa Seeds, Botanical Interests, and San Diego Seed Company. 🌱

Habitat Restoration Native Pollinator Garden

Weekly watering continues in this first year as there have been no rains. Thanks to Youth board member Zach Swazey. [Link to Native pollinators](#) that can be successfully grown in our region.

Belden Community Garden

Wellness Garden with Flowers and herbs planted at Belden in January 2025!

Club Food Blog: Olivia Hansen & Raquel Sutton



Celeriac: Olivia went on a quest, visiting several markets to find celeriac for a special dish she couldn't wait to share with our members—and it was a hit! Meanwhile, I've enjoyed celeriac in more than seven different recipes since my trip to Iceland, where it's gaining popularity as the *hot* new vegetable featured on many menus.

! The exciting news? Our club has seeds for this unique root vegetable, generously donated by Baker Creek! Don't miss your chance to pick them up at our seed meeting in March. Let's grow and explore the possibilities with this culinary gem! [Link to the blog and recipe Vegan](#)

Welcome New & Returning members

Thank you to 42 members, new and returning who have registered so far for 2025.

Renew Membership!

Please join 40 members and [renew membership](#) today!! Invite your friends to join.



Customized GIFT CARD

Purchase a customized gift card, for \$30 [online](#) or write a check to Friends of Del Mar Mesa. Then, email the first and last name of the recipient to info@friendsdmm.org. Makes for a great bday or hostess gift for a garden lover.



Club's Social Media: [Sandi Adom](#) Invitation to join our club's member private [Facebook group](#), [Click here](#) to request membership. Post photos of summer adventures with nature on our Club's [Instagram](#) page. This private facebook group is open to invite your friends and family to learn more about gardening.

2025 Local Flower Shows



District News

Get Free Trees look into these programs.

Our club members have applied for and received free fruit and ornamental trees.

[Free Tree SD City Only](#)
[SDG&E Tree Rebate Program](#)



Palomar District Winter Membership Meeting
Monday, February 17, 2025
Host: Fallbrook Garden Club
Pala Mesa Resort, 2001 Old Highway 395 Fallbrook
Off Interstate 15

Deadline for Reservation is February 1, 2025

9:00 a.m. – Doors open – Social
 Shopping – Plants, Garden Art, and more
 (Cash or checks only)
 Continental Breakfast
 10:00 a.m. - Business Meeting
 10:45 a.m. – Break
 11:00 a.m. – Program: Suzanne & Guy Kestell – FGC Members
 “Kestell Family Farm – Barhi Dates”

Cost: \$20 - Checks payable to Fallbrook Garden Club
 For questions contact Marci Eisenstadt, tomarci@roadrunner.com, hm: 760-731-8942



Registration Form

Names: _____

Club: _____

Check #: _____ Amount Enclosed: _____

Deadline for registration-Feb. 1, 2025 **Mail to:**
Fallbrook Garden Club, ATTN: Cheryl Shaver,
PO Box 1702, Fallbrook, CA 90288-1702

Note: If several individuals are coming from one club, please send one check for all and list the names of the individuals. 11/16/2024

District Meeting on Feb 17: Register by Feb 1:

We are a nationally accredited garden club under Palamore district. Officers of the club and members are invited to attend the district meeting. Please fill the form and register by Feb 1 if you wish to attend. You will meet the most giving and knowledgeable gardeners from 27 other garden clubs. Talk and garden arts . Carpool with Shital parikh available for the event.

District News Floral Design Forum Series:

We are a nationally



accredited garden club under Palamore district. They are offering a series of amazing

workshops on flower arrangements at \$15/- workshop. Do register to attend, and share photos on our club facebook page or info@friendsdmm.org, 2024-2025

When: 1st Mondays: October thru May 12:00 NOON Where: Rancho Penasquitos Public Library* 13330 Salmon River Road, San Diego, CA 92129

Objectives: To bring the finest floral designers to San Diego County; promote appreciation of floral art forms; develop skills in critiquing floral art; improve individual skills for in-home floral decorating; learn skills for flower show exhibition; encourage members to enter flower shows and promote floral arts in the community. [Click here for Registration Form](#) Start time

Noon Arrive at 11:30 a.m.

February 3, 2025 A special designer, Dyanna Madro brought Miniatures last year. This year Full size Designs "with Love" from the Winningest Designer at the San Diego Fair this year. A NGC Master Flower Show Judge

March 3, 2025, Barbara Weiller, Master Flower Show Judge. Not only an incredible Designer but also a fantastic Horticulturist. Watch what she brings to the Table.

April 7, 2025 Welcome to Debra Warriner from the Ichiro School of Ikebana. Learn some of the changes from other schools and appreciate beauty and elegance of design.

May 5, 2025 - The "Grand Finale: "FLOWER POWER" Our most popular Program. Watch as 4 local college student designers race against the clock to complete a *Surprise Package* design from material, container and theme. Then, like a 3 ring circus, they show a "signature design," a "round robin" and then a "wrap up" design.

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Upcoming Club Events [Sign up](#) By Yu Linda Song & Philippa Farrar

February 5th, 11am @ Carmel Valley Library
Topic: Soil Quality & Soil Health: Why It Makes a Difference
Speaker: Craig Kolodge Ph.D.Dr. K, San Pasqual Valley Soils



Visit to Vic Sbrega's Encinitas Worm Farm
Sunday in February. Date: TBA (Members Only)



March 5th, 11am @ Carmel Valley Library
Topic: Integrated Pest Management
Speaker: Master Gardener Linda Jones



Hands-On Bonsai Workshop, Part 2:
Date & Location TBA (Members only)
Kyle Icke, Member San Diego Bonsai Club
Location: Del Mar Mesa Garden



April 2nd, 11am @ Carmel Valley Library
Topic: Basics of Floral Arrangement
Speaker: Linda Jones* a different Linda Jones from March! 😊



May 7th, 11am @ Carmel Valley Library
Topic: TBA

June 4th, 11am @ Carmel Valley Library
Topic: Fire Resistant Landscape
Speaker: Master Gardener Cindy Bruecks



Annual Summer Garden Party
Date: TBA, a Sunday in June



January Garden: Things to do

Garden Maintenance

- Keep an eye on the weather report - protect frost-tender plants when the temperature falls below 32 degrees.
- Divide perennials like daylilies and chrysanthemums. Prune crepe myrtles, cane berries, and roses, and clean-up trimmings.
- Prune plum, pluot, apple, and pear trees 15-20%; cherries 10%; and peaches 50%.
- Mulch, water, and cover tender plants to protect from frost. Be sure to remove coverings during the day.
- The birds stay in California through the winter. Since flowers are scarce in most gardens now, it's important to keep your feeder filled; clean and refill it every few days.
- Get informed about Firewise Landscaping and make a plan for your property.

Fertilize

- Fertilize roses when new growth appears.
- Feed annuals with a complete fertilizer once a month or fish emulsion every two weeks.

Spray: Check the [California Backyard Orchard website](#) for current information.

- To smother overwintering insect eggs and pest such as [aphids](#) and [mites](#), and [scale](#), spray [deciduous flowering](#) and [fruit trees](#) as well as [roses](#) with dormant oil after the leaves have fallen. Make sure the weather will provide 24 hrs. for the spray to dry.
- Apply neem oil or potassium bicarbonate to [roses](#) to control black spot, mildew and rust.

What to Plant in January

Trees, shrubs, perennials

- Bare-root deciduous shrubs and trees are available now.

Flowers

- Plant your bare-root roses.
- Continue to plant tulips, narcissus, daffodil, and hyacinths for a longer show of blooms in the spring.
- Easiest to start now (Jan/Feb) Cool Months Calendula, Borage, Bachelors Button , Sweet Pea Flowers, Larkspur, Lupine, Scarlet Sage, Poppies , Milkweed , Nasturtium

Vegetables

- Late this month nurseries begin selling bare-root artichokes, asparagus,

berries, grapes, kiwifruit, horseradish, and rhubarb. Buy and plant early in the month while roots are still fresh. If the soil is too wet to plant, temporarily cover the roots with moistened mulch to keep them from drying out.

- Plant seeds for cabbage, chard, broccoli, cauliflower, and spring lettuce

Lawns

- If rains haven't come, irrigate the lawn once or twice this month.

Cover Crops

- Cover crops like Fava beans can be planted if not planted earlier.

[LINK TO PRINT THIS PLANTING CHART For our Garden Zone 10](#)

Member Initiates a Pollinator Garden Project: Face Book

My name is Wendy Poyhonen and I have lived in Bougainvillea for 22 years. As a board member on the Del Mar Mesa Planning Board, I am a liaison to the Carmel Valley Rec Center and involved in the Beautification committee. We believe Elizabeth Rabbitt Park would benefit from some improvements. We have an opportunity with the help of the city and Friends of Del Mar Mesa to design and manage a space within the park for everyone to enjoy.

The goal is to adopt and create a pollinator garden located at the front of the park adjacent to the corral. Creating pollinator and native plant gardens benefit the birds, bees and butterflies in our local community and is good for the environment.

Please help us with this goal by considering making a tax deductible donation. The total cost of the improvements are estimated to be \$1,500, which will allow us to purchase the plants necessary to make this project a reality.

Make Donation Checks out to Friends of Del Mar Mesa Memo ER Park Pollinator Garden

Mailing address: 5550 Carmel Mountain Rd., Suite 204, San Diego, CA 92130

Friends of Del Mar Mesa is a 501 (C) 3

EIN Tax ID #: 46-0899599

If you have any questions or would like to volunteer your time by helping us with planting and maintenance, please contact me. wpoyns@gmail.com

Member Contributions Face Book

Lots of Free Garden Goods and Services information is posted and exchanged among members on the Private Club Face Book Page. It's not open to the public. Please join to keep in touch between newsletter. Contact Robin Roxy Mars for free African Daisies.

January 8 at 12:44 PM · 🌐
 (plant flowers:)



👍 7,303 💬 198 📍 3,365

altadenaseedlibrary we are seeking seed donations to help reseed Altadena. this community is enormously dedicated to native plants, but also had many farmers and growers who lost generations of crops at community gardens and in backyards. wildlife coming down from the foothills has lost habitat and food. the air quality will be poor and temperatures will be higher without the lush greenery that protected us. not to mention the vast natural spaces that have burned and may benefit from help reseeding. if you have any seeds to spare - particularly native plants - please send me a message. please share widely 🍷

Donations can be mailed to 37 Auburn Ave. #8, Sierra Madre, CA 91024 care of Altadena Seed Library

2 days ago



Shital Parikh
 Admin · Top contributor · January 14 at 6:23 PM · 🌐

Free compost give away by the city



EVENTBRITE.COM
Compost Giveaway
 Come grab some free compost for your garden at our Compost..

Margareta L. Galanter
 Top contributor · January 13 at 6:18 PM · 🌐

Charlie Clements · Mise en Place
 Admin · January 13 at 3:25 PM · 🌐

