

Petal & Preserve



September 2024

IN SEPTEMBER NEWSLETTER

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September Meeting and talk on Bokashi by Yu Linda Song

What a great turn out with 26!

Thanks Philippa Farrar for arranging the talk with Kyle!

Kyle Icke's talk on Appreciating Bonsai Through Demystification was as much philosophical as it was practical. He was an entertainer and a knowledgeable speaker on the art of bonsai. It's living sculpture!

We can't take the forest home but we can recreate mini forests with Bonsai. Kyle is also a Park Ranger! He invited us to his home to see his entire collection, so the events team will arrange a tour for early 2025 when it is

cooler in East County. Here is the article about his talk

Bonsai Club info. September Business Meeting Presentation for your review.









September Library Flowers for a Smile: We're delighted to showcase a stunning bouquet made by Margret Pham. We invite all members to <u>SIGN UP</u> and donate homemade flower arrangements to the library each month. Whether you use homegrown blooms or store-bought flowers, your contribution will help spread the beauty of nature throughout our community.

SEED LIBRARY UPDATE

The Seed Library is now open for lending fall seeds! Visit the Carmel Valley Library to explore the new varieties of vegetables and flowers we've made available

explore the new varieties of vegetables and flowers we've made available for you. A big thank you to all the club members who have contributed to this project. More than a dozen members helped with sorting, stuffing envelopes, and getting this lending program up and running. Your support has made this possible!



Club members Hallie Worsey and Barbara Summer accompanied Shital Parikh last week. We planted 25 pepper plants, sweet potatoes, and snap peas.. It's a wonderful time to get involved! If you'd like to join us for the next session please email <code>info@friendsdmm.org</code>. Carpools will leave from DMM at 9:00 am.



Habitat Restoration Native Pollingtor Garden



Youth Representative Zachery Swazey watered the habitat as needed during the heatwave in August. We've experienced a 30% loss of plants, mostly outside the fence, but we're gearing up to replant in November when the rains return.

On a brighter note, we saw the stunning ultra-green sweat bee, Agapostemon texanum on the SD viguiera (SD sunflower)! These vivid neon-green bees are unforgettable, with females shining in full metallic green and males sporting green heads and thoraxes with striped abdomens. You might spot them nesting in soil or buzzing around daisy family flowers. These jewel-like bees are common, widespread, and truly a sight to remember! Keep an eye out in your garden! The image is not

clear as it kept flying away. <u>Link to Native pollinators</u> that can be successfully grown in our region.

Club Food Blog: Olivia Hansen & Raquel Sutton

Featuring <u>Passion Fruit Mousse</u>. As we harvest passion fruit by the bucket, here is a simple and delicious recipe to enjoy them.







Membership Drive is ON for 2025

Please join 15 members and <u>renew membership</u> today!! Invite your friends to join. New members will get 4 months free!! Exciting workshops and talks are coming your way. Congrats to Renee Zau, our first 2025 renewal! Plus, get a gift of herbal tea bags (while supplies last) featuring herbs grown right in Del Mar Mesa! Contains chamomile, calendula, lemon verbena, lemon grass, hibiscus, kumquat.



Club's Social Media

Invitation to join our club's member private Facebook group. It is a great way to stay in touch with other members and share your garden successes and concerns. Click here to request membership. Post photos of summer adventures with nature on our Club's Instagram page. This private facebook group is open to invite your friends and family to learn more about gardening



Help Spread the Word!

Please share our flyer on your Facebook, email, or other social media. You can also print and display it at local rec centers, stores, churches, HOA, PTA, or any group you belong to. Your support helps our club grow—thank you!

Perfect Gift For Garden Enthusiasts: Customized GIFT CARD

Looking for a meaningful gift for the garden lover in your life? Delight them with a DMMGC gift card, offering a \$30 membership to our vibrant gardening community. It's a thoughtful way to support their passion and welcome them into the joy of gardening alongside fellow enthusiasts.

To purchase a customized gift card, simply pay

\$30 <u>online</u> or write a check to Friends of Del Mar Mesa. Then, email the first and last name of the recipient to <u>info@friendsdmm.org</u>. It's that easy to give the gift of a whole year of gardening fun!



September Garden

What to Plant in September

Flowers

- Sow seeds for columbine, lupine, California poppy.
- Divide and replant perennials.
- Transplant cool-weather annuals such as violas, pansies, fairy primroses, calendulas, cyclamen, stock, and snapdragons.
- Divide and replant bulbs and rhizomes.

Vegetables

- Transplant cabbage, broccoli, cauliflower, and kale.
- Direct seed beets, bok choy, spinach, lettuce, peas, radishes, carrots, chard, parsley, and cilantro.

Lawns

• This is the ideal time to sow a new lawn or reseed bare spots.

Cover Crops

- Seed for erosion control on slopes.
- Plant clover or fava beans to improve soil structure in your vegetable garden.

Fertilize

- Grapes, use organic mulch or P only, not N
- Mature fruit trees
- Cool season turfgrass with N
- Young conifers, but not those over two years old
- Chrysanthemums

Garden Maintenance

- Compost disease-free annuals and vegetable crops that have finished producing.
- Cultivate and add compost to the soil for fall and winter vegetables and annuals.
- Dig, divide, and replant overgrown perennials as they finish blooming.
- Weed and amend beds before replanting.
- If not purchased pre-chilled, put tulip, narcissus, and hyacinth bulbs in the refrigerator for 6 weeks prior to planting.
- Sow native bunch grass seed on bare slopes to prevent erosion.
- Mulch cane berries.
- Consider extending the vegetable season with floating row cover, mulch, or plastic domes. (Gallon milk containers with the bottom removed work well.)

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Links to Bonsai techniques for Beginners Videos:

- 1. <u>Using 3 year old tree to 25 years.</u>
- 2. How to grow a thick bonsai trunk
- 3. Thicken bonsai Trunks



District News Floral Design Forum Series: We are a nationally accredited garden club under Palamore district. They are offering a series of amazing workshops on flower arrangements at \$15/- workshop. Do register to attend, and share photos on our club facebook page or info@friendsdmm.org, **2024-2025**

When: 1st Mondays: October thru May 12:00 NOON

Where: Rancho Penasquitos Public Library*

13330 Salmon River Road, San Diego, CA 92129

Objectives: To bring the finest floral designers to San Diego County; promote appreciation of floral art forms; develop skills in critiquing floral art; improve individual skills for in-home floral decorating; learn skills for flower show exhibition; encourage members to enter flower shows and promote floral arts in the community. The forum is open to anyone interested in floral design. Click here for Registration Form

October 7, 2024- Alan Nunn, from the UK. Robert L. Gordon, AIFD, from Scotland, taught the professionals, Former President of CGCI demonstrators *stretch* the confines of floral design.

November 4, 2024 – Carvill Veech, Master Judge, well known for her creative designs brings us Imagination. Come and learn how she gets there.

Please, note: location change! Poway Library, 13137 Poway Rd, Poway, CA

December 2, 2024 Rene van Remes. AIFD Christmas in Europe, and the Netherlands with the master designer.

January 6, 2025 Gail Vanderhorst, Judge. She is spreading her wings on her first time on our stage. Be ready for some new experiments and fun.

February 3, 2025 A special designer, Dyanna Madro brought Miniatures last year. This year Full size Designs "with Love" from the <u>Winningest Designer at the San Diego Fai</u>r this year. A NGC Master Flower Show Judge

March 3, 2025, Barbara Weiller, Master Flower Show Judge. Not only an incredible Designer but also a fantastic Horticulturist. Watch what she brings to the Table.

April 7, 2025 Welcome to Debra Warriner from the Ichiro School of Ikebana. Learn some of the changes from other schools and appreciate beauty and elegance of design.

May 5, 2025 - The "Grand Finale: "FLOWER POWER" Our most popular Program. Watch as 4 local college student designers race against the clock to complete a *Surprise Package* design from material, container and theme. Then, like a 3 ring circus, they show a "signature design," a "round robin" and then a "wrap up" design.

Start time Noon Arrive at 11:30 a.m.



Upcoming Events

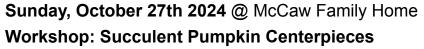
By Yu Linda Song & Philippa Farrar

Sign up and Save the date

Wednesday, October 2nd 11am @ Carmel Valley Library

Topic: Bulbs that work in San Diego County
Guest Speaker: Sharon Reeve, Master Gardener

SIGN UP



Time: 2:00 PM - 4:00 PM

Location: Del Mar Mesa Member Garden (\$25 includes pumpkin & succulents, encouraged to bring succulent

clippings to share)

MEMBERS ONLY, RSVP on Sign-Up Genius Required

Wednesday, November 6th, 11am @ Carmel Valley Library

Topic: Deciduous Fruit Tree Pruning

Guest Speaker: Hudson Elliot, Armstrong Garden Centers

SIGN UP

Thursday, December 5, 2024 Swag Making Workshop

Time: 9:00 am - noon

Location: Belden Senior Living Community Room **MEMBERS ONLY, RSVP on Sign-Up Genius Required**











Facebook Member Contributions

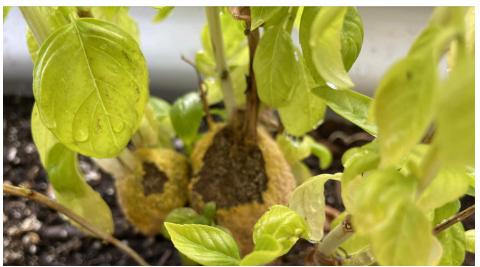




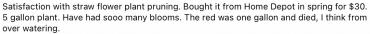
Flower arrangements at Omni Resort & Borage Ice cubes for the monthly meeting shared by Yu Linda Song.

Dehydrating kumquates

Question: What is this yellow, powdery blob on the lower stems of my basil plant? There are 2 of them, and I poured water on them, which eroded the top of one, exposing the brown inside. Insect , fungus, or something else? I'm about to cut both stems off to dissect and toss them. Thanks for any insight!



Last year's
Apricot harvest
Swallowtail
butterfly on
Hydrangea: photo by Philippa
Farrar



I should have pruned sooner for a larger harvest of blooms. Better late than never. Highly recommend planting this. Needs full sun but medium water. Too much water kills it.







