

February 2025

In February Newsletter

- Feb Meeting Update
- Seed Library Event upcoming
- Community Outreach Update
- Open Position
- Blog: Beet carpaccio recipe
- Library Flowers
- Welcome New Members
- District News
- Upcoming Events & Calendar
- Face Book Contributions

February Monthly Meeting


Thank you Dr. K from San Pasquale Valley Soils for a deep dive into soil health! We could all see how much passion he has for soil, agriculture and soil ecosystems. Thank you all for sharing treats and garden treasures/harvests and seedlings! We were happy to see new faces and regulars. See you on 3/5 at 11am for Integrated Pest Management. Just a fancy way to say how do we attract friends and avoid foes in the garden while avoiding chemicals. [February Business Meeting](#)







SEED LIBRARY: Upcoming Event By Barbara Scholz

We've received **420 seed packets** from **Baker Creek, Burpee, and Park Acquisitions**—a fantastic mix of vegetables, herbs, and flowers! 🎉 Donation letters have been sent.

On **Jan 31**, Chris, Barbara Summer, Nancy, Hallie, and I packed **340 seed envelopes** of cool-season veggies. (Seed list updated!)

 **Next Seed Packing Meeting: Friday, Feb 21 | Noon – 3 PM**

 **Carmel Valley Library Conference Room**

 **Stop by to help pack or grab free seeds!**  See you there! 

Habitat Restoration Native Pollinator Garden

Weekly watering continues unless it rains.. Thanks to Youth board member Zach Swazey. [Link to Native pollinators](#) that can be successfully grown in our region.



Belden Community Garden

Peas, Carrots, Cauliflower, parsley growing well at Belden. Evidence of cauliflower harvested. First two lemons growing! We plan to add more flowers in the Wellness Garden this month.



Join the Club's Worker Bee Team

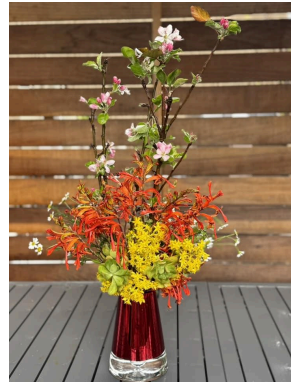
We encourage members to volunteer in coordinator roles. This involvement is a fantastic way to gain experience and become eligible for elected positions in the coming years. To qualify for future nominations, members must serve two years on our Worker Bee Team. **Open Position on the Worker Bee Team for 2025: Sign Up Genius Coordinator** - Works closely with the events team If you're interested in either of these roles, please email us at info@friendsdmm.org.



February Library Flowers

SIGN UP and donate homemade flower arrangements to the library each month. The vase is returned to the donor.

This month, we received two beautiful arrangements—thank you to Yu Linda Song for the creative use of celery greens and to Shital Parikh for the lovely garden flowers and succulent blooms! Join us in bringing fresh beauty to the library!



Club Food Blog: Olivia Hansen & Raquel Sutton

It's the season to grow Beets. Easy to grow, nutritious to eat. Here is a delicious recipe for Beet Carpaccio! [Link to recipe Beet](#)

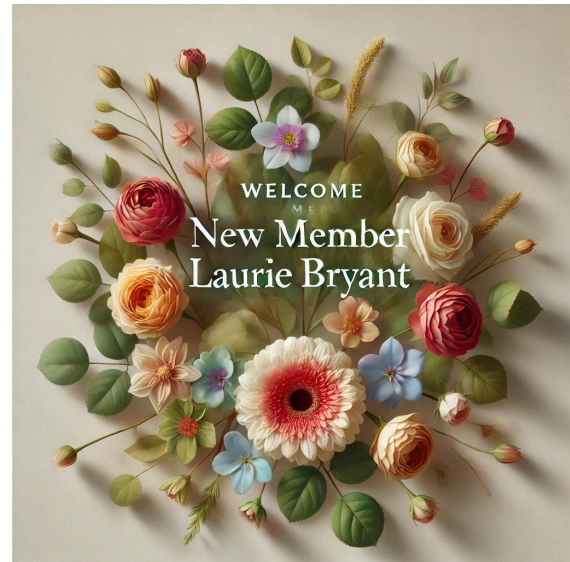
Welcome New & Returning members

Thank you to members, new and returning who have registered so far for 2025.



Renew Membership

Please [renew membership](#) today!!



Customized GIFT CARD Purchase a customized gift card, for \$30 [online](#) or write a check to Friends of Del Mar Mesa. Then, email the first and last name of the recipient to info@friendsdmm.org. Makes for a great gift for a garden lover.

.....

Club's Social Media: Sandi Adam Invitation to join our club's member private [Facebook group](#), [Click here](#) to request membership. Post photos of summer adventures with nature on our Club's [Instagram](#) page. This private facebook group is open to invite your friends and family to learn more about gardening.

.....

Member Initiates a Pollinator Garden Project: Wendy P

If you have any questions or would like to volunteer your time by helping us with planting and maintenance, please contact me. wpoyns@gmail.com

.....

District News

Get Free Trees look into these programs.

Our club members have applied for and received free fruit and ornamental trees.

[Free Tree SD City Only](#)

[SDG&E Tree Rebate Program](#)

Local Spring Flower Shows

2025 Local Flower Shows



District Meeting on Feb 17: Register by Feb 1: We are a nationally accredited garden club under Palamore district. Officers of the club and members are invited to attend the district meeting. You will meet the most giving and knowledgeable gardeners from 27 other garden clubs. Carpool with Shital parikh available for the event.



District News Floral Design Forum Series:

We are a nationally accredited garden club under Palamore district. They are offering a series of amazing workshops on flower arrangements at \$15/- workshop. Do register to attend, and share photos on our club facebook page or info@friendsdmm.org, 2024-2025

When: 1st Mondays: October thru May 12:00 NOON Where: Rancho Penasquitos Public Library* 13330 Salmon River Road,

San Diego, CA 92129

Objectives: To bring the finest floral designers to San Diego County; promote appreciation of floral art forms; develop skills in critiquing floral art; improve individual skills for in-home floral decorating; learn skills for flower show exhibition; encourage members to enter flower shows and promote floral arts in the community. [Click here for Registration Form](#) Start time Noon Arrive at 11:30 a.m.

March 3, 2025, Barbara Weiller, Master Flower Show Judge. Not only an incredible Designer but also a fantastic Horticulturist. Watch what she brings to the Table.

April 7, 2025 Welcome to Debra Warriner from the Ichiro School of Ikebana. Learn some of the changes from other schools and appreciate beauty and elegance of design.

May 5, 2025 - The "Grand Finale: "FLOWER POWER" Our most popular Program. Watch as 4 local college student designers race against the clock to complete a *Surprise Package* design from material, container and theme. Then, like a 3 ring circus, they show a "signature design," a "round robin" and then a "wrap up" design.

Upcoming Club Events By Yu Linda Song & Philippa Farrar

Seed Packing Meeting: Friday, Feb 21 | Noon – 3 PM

📍 Carmel Valley Library Conference Room

🌟 Stop by to help pack or grab free seeds! 🌱 (members only) Just show up. Sign up not required,

Sign up: Worm Farm Visit: Feb 22, 2025, 2:00 - 4:00pm (members only)

Sign up Monthly Meeting **Mar 5, 2025 : Topic: Integrated Pest Management**





Feb - June 2025 Monthly Meetings & Events

February 22 Saturday: Visit to Vic Sbrega's Encinitas Worm Farm

Time: 2:00-4:00 (Members only)

Topic: Touring Vic's Vermiculture operation



March 5, Wednesday, Talk: Topic: Integrated Pest Management Monthly Meeting Time: 11am at Carmel Valley Library Speaker: Master Gardener Linda Stewart



March 16, Sunday: Hands-On Bonsai Workshop, Part 2:

Time: 2:00 - 4:00 pm (Members only)

Kyle Icke, Member San Diego Bonsai Club

Location: Del Mar Mesa Garden



April 2, Wednesday: Topic: Basics of Floral Arrangement

Monthly Meeting Time: 11am at Carmel Valley Library

Speaker: Master Gardener Linda Jones



April 27, Sunday: Docent Led Tour Barbara Scholz

Time: 3:00 - 5:00 pm (Members only)

Location: Torrey Pines State Nature Reserve



May 7, Wednesday: Topic: TBD

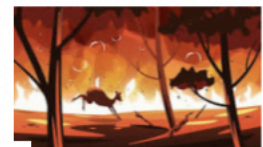
Monthly Meeting Time: 11am at Carmel Valley Library

Speaker: TBD

June 4, Wednesday, Topic: Fire Resistant Landscape

Monthly Meeting Time: 11am at Carmel Valley Library

Speaker: Master Gardener Cindy Bruecks



Annual Summer Garden Party

Date: TBA, Sunday in June



February Garden: Things to do

1. **Prune your roses.** If you haven't already, cut back a third to half of their total height. Additionally, remove dead parts including old leaves on the bush and ground to improve overall plant health. [Watch this video for more detail on how to prune roses.](#)
2. **Fertilize your citrus trees.** Most mature citrus require regular fertilization with nitrogen. Typically, most other nutrients are available in sufficient amounts in the soil. Nitrogen should be applied in January or February just prior to bloom. The second application can be applied in May and perhaps a third in June. [Information about fertilizing citrus can be found on the UC Integrated Pest Management website.](#)

Suggested application rates of nitrogen

Year one (1)	1 tablespoon nitrogen fertilizer 3 times per year, per tree.
Year two (2)	0.25 lb. actual nitrogen per tree
Year three (3)	0.50 lb. actual nitrogen per tree
Year four (4)	0.75 lb. actual nitrogen per tree
Year five (5+)	1 lb. actual nitrogen each year

3. **Plant these trees, shrubs, and perennials.**
 - Bare root deciduous shrubs and trees
 - Roses, grapes, blackberries, raspberries, rhubarb, strawberries, asparagus, chives, onions, green onions.
4. **Plant cool-season crops like ...** lettuce, spinach, and broccoli. These vegetables thrive in cooler temperatures and can be planted directly in the ground or started indoors for transplanting later.
5. **Start seeds indoors.** Get a head start on your vegetable garden and consider starting seeds indoors in February. This will give your plants a jump start on the growing season and allow you to get a head start on your harvest. Here are a few seeds you can start now:
 - Garlic
 - Shallots
 - Peas
 - Peppers
 - Sweet peas
 - Tomatoes
6. **Protect your garden from snails and slugs.** As the month progresses, you may start to see more snails in your garden. Make sure to remove them by hand-picking, baiting, or putting up barriers to keep snails and slugs out of your garden. [Learn about snails and slug management from UC IPM.](#)
- 7.

[LINK TO PRINT THIS PLANTING CHART For our Garden Zone 10](#)

Member Contributions Face Book

Who can guess what's eating my lettuce?



Sandi Hwang Adam

Admin · Top contributor · February 5 at 5:12 PM · 🌐

This is the time to prune your roses so that you get big beautiful blooms in the spring! I'm going to be pruning mine tomorrow (Thursday 2/6) from 2:30-4. I have lots, so if anyone is interested in a tutorial and some bushes to practice on, bring pruners and gloves and I'll show you how!

DM me for details!

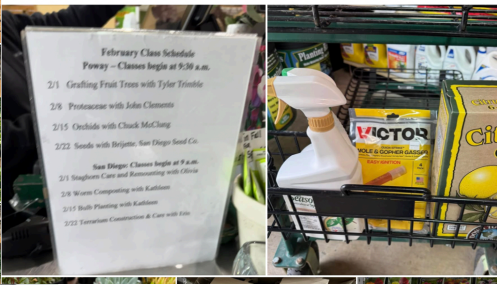
Shital Parikh
Admin · Top contributor · January 30 at 5:45 AM · 🌐

The most wonderful vegetable garden I've seen in my life. In India. They are so perfect they look fake.



Yu Linda Song
Admin · Top contributor · January 31 at 3:53 AM · 🌐

Note: I'm not affiliated with either place, just sharing info.
Went to Walter Andersen and Costco yesterday with my mom. See schedule of the speakers/topics!
Also I'm at war with pests! Any advice? Gophers and mice.... [See more](#)



Yu Linda Song
Admin · Top contributor · February 3 at 4:48 PM · 🌐

Trimmed a lot of cauliflower, broccoli and broccolini greens. Pick up in Del Mar Mesa

